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#### **Rita rastogi kalyani, m.d., m.h.s. - hopkins**

Dr. Rita Kalyani is an Assistant Professor of Medicine at Johns Hopkins School of Medicine, Core Faculty at the Johns Hopkins Center on Aging and Health, and

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including the health benefits of tai chi, Special reports benefits of Tai Chi,I have included a link to a Harvard Medical School's page

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results to healthy bones of young adults. Osteoporosis: A Guide to Prevention and Treatment. Harvard Medical School Special Health Report. Harvard Health

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Health Information; Medical Reference Guide; McDonald VM, Marks GB. Asthma in older adults Associate Professor of Medicine, Harvard Medical School